



## Allergens

The following chart identifies allergen content. Please note that all meals may contain traces of dairy products, eggs, peanuts, tree nuts, soy, fish, crustaceans, shellfish, sesame, wheat, mustard and sulphites.

Menu	Dairy products	Eggs	Peanuts	Tree nuts	Soy	Fish, crustaceans and shellfish	Sesame	Wheat	Sulphites	Mustard
<b>Antipasti (no dip)</b>										
Chicken wings					X					
Cheese sticks	X				X			X		
Fried calamari						X		X		
Cone of homemade chips									X	
Alfredo shrimps	X	X			X	X		X	X	
Popcorn shrimps	X	X			X	X		X	X	
Mixed platter	X	X			X	X		X	X	
Frito Misto	X	X			X	X		X	X	
Vegetable cocktail										
Tomato juice										
Garlic bread au gratin	X				X			X		
Popcorn scallops						X		X		
Cheese and tomato bruschetta rolls	X	X			X			X		
<b>Dip / sauce</b>										
Creole dip		X			X					X
Basil aioli dip		X								
Arrabbiata dip										
Southwest dip	X	X								
BBQ sauce					X			X		
Frank's Red Hot original										
Tartar dip		X								X
<b>Soup</b>										
Cream of broccoli	X				X					X
Cream of mushrooms	X				X					

<b>Menu</b>	<b>Dairy products</b>	<b>Eggs</b>	<b>Peanuts</b>	<b>Tree nuts</b>	<b>Soy</b>	<b>Fish, crustaceans and shellfish</b>	<b>Sesame</b>	<b>Wheat</b>	<b>Sulphites</b>	<b>Mustard</b>
Cream of potato and leek	X				X				X	
Beef and barley soup	X				X			X		
Florentine soup	X	X			X			X		
Minestrone soup	X	X			X			X		
Italian style wedding soup	X	X			X			X		
Pasta fagioli soup	X	X						X	X	
Chicken noodles soup	X	X			X			X		
Tomato and red pepper soup	X				X					
<b>Side</b>										
Fries					X					
Spicy fries					X			X		
House vegetables										
Linguine with neapolitan sauce								X		
Pennine with neapolitan sauce								X		
Rice					X			X		
Ceasar salad	X	X			X	X		X		X
House salad, oil and vinegar					X					
<b>Insalate</b>										
Ceasar	X	X			X	X		X		X
Chicken Ceasar	X	X			X	X		X		X
Salmon Ceasar	X	X			X	X		X	X	X
Salmon house salad					X	X			X	
House salad, oil and vinegar					X					
Crispy Chicken salad no sauce	X	X			X			X		
Crispy Chicken salad Red Hot sauce	X	X			X			X		
Crispy Chicken salad hot chili sauce	X	X			X			X		
<b>Insalate menu midi</b>										
Du chef	X	X			X			X		X
Seafood and shrimps	X	X			X	X		X	X	
Cheese and chicken strips	X	X			X					
Chicken house salad, oil and vinegar					X					
Chicken and pasta	X	X			X			X	X	

Menu	Dairy products	Eggs	Peanuts	Tree nuts	Soy	Fish, crustaceans and shellfish	Sesame	Wheat	Sulphites	Mustard
Roasted salmon	X	X			X	X		X	X	
<b>Pasta</b> (no garlic bread)										
Garlic bread	X				X			X		
Lasagna classica	X				X			X		
Seafood Kingdom Lasagnetta (no side)	X	X			X	X		X	X	
Meatballs and bolognese Lasagnetta (no side)	X				X			X		
Linguine Alfredo	X				X			X		
Seafood linguine	X	X			X	X		X	X	
Linguine carbonara	X				X			X		
Pennine jambalaya	X				X	X		X	X	X
Chicken and broccoli pennine	X				X			X	X	
Spaghettini bolognese					X			X		
<b>Pizzas</b>										
Asparagus and capicollo	X	X			X			X		
Carnivore	X	X			X			X		X
Seafood	X	X			X	X		X	X	
International	X	X			X			X		
Dream garden	X	X			X			X	X	
Neapolitan	X	X			X			X		
Pepperoni	X	X			X			X		
Chicken, bacon and cheddar	X	X			X			X		
BBQ chicken	X	X			X			X		X
Smoked salmon	X	X			X	X		X		
Philly steak	X	X			X			X		
Tomato & mozzarella										
All dressed	X	X			X			X		
Vegetarian	X	X			X			X		
<b>Gluten-free Pizzas</b>										
Gluten-free vegetarian	X	X								
<b>Roasted chicken</b> (no side, no dip)										
Leg					X					X
Breast					X					X

Menu	Dairy products	Eggs	Peanuts	Tree nuts	Soy	Fish, crustaceans and shellfish	Sesame	Wheat	Sulphites	Mustard
<b>Subs (no side)</b>										
Co-Star®	X							X		
Hot Luke®	X							X		
Chicken-bacon	X							X		
Philly steak	X				X			X	X	
Superstar®	X							X		
<b>Sandwiches and more (no side)</b>										
Crispy chicken strips plate no dip					X			X		
Fries					X					
Spicy fries					X			X		
Rebellious chicken Hamber'za ketchup and mustard not included	X	X			X			X		
Italian poutine	X				X					
Philly steak poutine	X	X			X			X		X
Superstar® poutine	X	X			X			X		X
Traditional poutine	X	X			X			X		X
<b>Specialità trattoria</b>										
Chicken brochette with rice and vegetables					X			X		X
Seafood Casserole	X	X			X	X		X	X	
Fish'n chips with tartar sauce		X			X	X		X		X
Chicken parmigiana with pasta, no Ceasar salad	X				X			X		
Roasted salmon with rice, vegetables and dried tomatoes sauce	X				X	X		X	X	
<b>Duetto</b>										
Bacon pizza and pennine Alfredo	X	X			X			X		
Carnivore pizza and spaghetti bolognese	X	X			X			X		X
Seafood pizza and linguine Alfredo	X	X			X	X		X	X	
All-dressed pizza and Ceasar salad	X	X			X	X		X		X
All-dressed pizza and spaghetti bolognese	X	X			X			X		
Cheese and tomato bruschetta rolls and linguine carbonara	X	X			X			X		
Spaghetti bolognese and Ceasar salad	X	X			X	X		X		X
<b>Breuvages</b>										
Milk	X									
Chocolate milk	X									

Menu	Dairy products	Eggs	Peanuts	Tree nuts	Soy	Fish, crustaceans and shellfish	Sesame	Wheat	Sulphites	Mustard
Orange juice										
Apple juice										
Soda (Pepsi)										
Soda (Pepsi Diet)										
<b>Desserts</b>										
Chocolate mountain	X	X		X	X			X	X	
Apple crisp	X				X			X	X	
Chocolate ganache cake	X	X			X			X		
Cheesecake	X	X			X			X		
Chocolate fondant cake	X	X	X*		X			X		
Pizzelato - caramel sauce	X	X						X		
Pizzelato - chocolate sauce	X	X						X		
Pizzelato - strawberry sauce	X	X						X		
Pizzelato - sucre à la crème sauce	X	X						X		
Sugar pie	X	X			X			X	X	
Sugar pie and ice cream	X	X			X			X		
Tiramisu	X	X			X			X	X	
Brownie volcano for two	X	X		X	X			X	X	
<b>Desserts - lunch menu</b>										
Boston slab	X	X			X			X	X	
Carrot and spice slab	X	X		X	X			X	X	
Triple chocolate slab	X	X			X			X	X	
Vanilla and almonds slab	X	X		X	X			X	X	

\*pirouline contains peanuts